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| Lesson 1  Life stages linked to ages  6 life stages  Skills:  Discussion  Compariso | Lesson 2  Life stage development  Physical  Intellectual  Emotional  Social | Lesson 3  Physical development: definition of gross and fine motor skills  [Component 1, A1, PIES growth and development in the main life stages] | Lesson 4  Physical development: infancy and early childhood, gross and fine motor skills and growth patterns | Lesson 5  Physical development in adolescence and early adulthood: growth patterns and primary and secondary sexual characteristics |
| Lesson 6  Physical development in middle and later adulthood: menopause, loss of mobility, muscle tone/strength and skin elasticity | Lesson 7  Intellectual/cognitive development: problem solving, abstract and creative thinking, development/loss of memory and recall | Lesson 8  Intellectual/cognitive development: language development  [Component 1, A1, PIES growth and development in the main life stages] | Lesson 9  Emotional development in infancy and early childhood including bonding and attachment, security and independence | Lesson 10  Emotional development in adolescence and adulthood: independence, security, contentment, self-image and self-esteem  [ |
| Lesson 11  Social development in infancy and early childhood: formation of relationships with others and socialisation process  [Component 1, A1, PIES growth and development in the main life stages] | Lesson 12  Social development in adolescence and stages of adulthood: formation of relationships with others and socialisation process  Revision of Learning aim A1 | Lesson 13  Physical factors that affect growth and development: genetic inheritance, experience of illness and disease  [Component 1, A2, Factors affecting growth and development: physical factors] | Lesson 14  Physical factors that affect growth and development: diet and lifestyle choices, and appearance | Lesson 15  Social and cultural factors that affect human growth and development: culture, religion, community involvement, gender roles and expectations and educational experiences |
| Lesson 16  Social and cultural factors that affect human growth and development: the influence of role models, social isolation and personal relationships with friends and family | Lesson 17  Economic factors that affect human growth and development: income/wealth and material possessions | Lesson 18  Preparation for assessment: Recap of Learning aims A1 and A2  [Component 1, A1, A2, Understand human growth and development across life stages and the factors that affect it | Lesson 19  End of Learning aim A: formal assignment  [Component 1, A1, A2, Understand human growth and development across life stages and the factors that affect it] | Lesson 20  End of Learning aim A: formal assignment  [Component 1, A1, A2, Understand human growth and development across life stages and the factors that affect it] |